# Jeremy Irons

Venice, CA

+1 907.980.2939 jeremydirons@gmail.com

Engineer and wellness influencer. Expert guitarist, skier, meditator, autodidact.

#### Education

Acting Scene Study + Human Connection - 1 yr w/Iris Klein and Aaron Cash - Los Angeles
Chubbuck Acting Studio - 1 yr w/Jackie Diamond - Los Angeles
UCB Comedy & Improv 101 + 201 w/Donald Chang - Los Angeles 2021
Commercial Workshop w/Laurie Records - Los Angeles 2021



### Credits

Sponge Club Commercial (2019) - Actor w/lines
Directed by Ricky Fosheim
Our Beautiful World (2022) - Actor w/lines
Directed by Ian Williams

#### Skills

RUNNING 20yr/5mi Daily - NYC Marathon Time: 4:09

**SURFING** 20yr

**MEDITATION** 10yr, 3hr Daily, Teach locally & online.

**MEDITATION VIDEOS:** 

https://youtu.be/t8-9JpCFjcM

https://youtu.be/r\_n-TfNdkac

YOGA 13yr, Handstand, Headstand, Crow, Pigeon, Tree, Bridge, and other poses.

TAI CHI & CHI GONG 5yr, wkly Practice

**GUITAR** 18yr, Electric, Acoustic, Classical - Jazz band, Classical performance - All Genres

**MUSIC** Minor Degree, Produce songs in various genres EDM, reggae, Ambient, can play any instrument

**OUTDOORS EXPERIENCE** 33yr - BACKPACKING, 10 day trips, HIKE, CAMP, CLIMB

**SLACKLINE** 11yr

**SNOWBOARDING** 23yr, Taught 3yr, Tricks - 360, grabs etc.

**ALPINE SKIING** 12yr, Taught 6yr, Volunteer w/disabled Skiers, Tricks - Backflip, 360,grabs, etc.

SCUBA DIVING Advanced Open Water

**WORLD TRAVELER** University/Climbing in New Zealand, 3mo in India, 25 countries visited

**ENGINEERING, Mechanical + Software** 10yr Design/Engineering Consultant, Medical Devices, USArmy IronMan Suit, 2 Game + 2 ERP Apps

**SPANISH + JAPANESE** Basic Conversational

## MOTORCYCLE

#### Men's Sizes

Height: 6'5"/195cm Weight: 200lbs/90kg

T-Shirt :L (Male) Hat: 23 1/8

Shoe: 15 (Male) Chest: 43in/109cm

Waist (in): 34/86cm

Inseam (in): 34in/86cm

Sleeve: 35

Glove: 9

Coat: Long

Playable Age Range: 23 - 35 years

Gender: Man

Ethnic Appearance: White/Ukrainian

Hair Color: Dark Brown

Willing to change color: Yes

Hair Length / Style: Long Willing to cut hair: Yes Facial Hair: Mustache

Willing to grow or shave: Yes

Eye Color: Blue

Tattoos: None